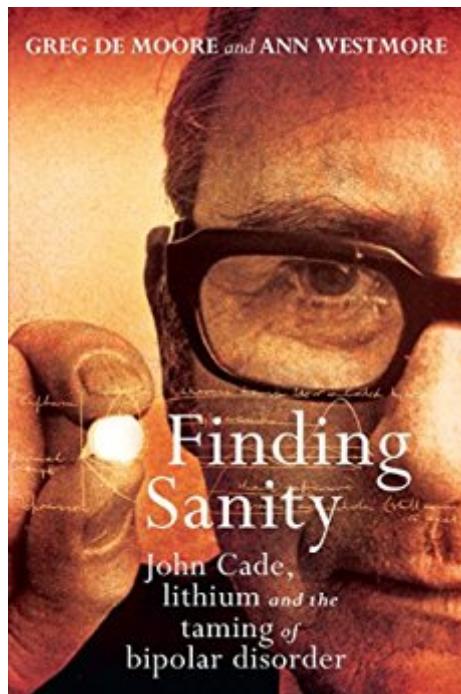


The book was found

# Finding Sanity: John Cade, Lithium And The Taming Of Bipolar Disorder



## **Synopsis**

For most of human history, mental illness has been largely untreatable. Sufferers lived their lives - if they survived - in and out of asylums, accumulating life's wreckage around them. In 1948, all that changed when an Australian doctor and recently returned prisoner of war, working alone in a disused kitchen, set about an experimental treatment for one of the scourges of mankind - manic depression, or bipolar disorder. That doctor was John Cade and in that small kitchen he stirred up a miracle. John Cade discovered a treatment that has become the gold standard for bipolar disorder - lithium. It has stopped more people from committing suicide than a thousand help lines. Lithium is the penicillin story of mental health - the first effective medication discovered for the treatment of a mental illness - and it is, without doubt, Australia's greatest mental health story.

## **Book Information**

File Size: 8287 KB

Print Length: 304 pages

Publisher: Allen & Unwin (August 24, 2016)

Publication Date: August 24, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01G2TS17Q

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #223,890 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #16 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Psychopharmacology #72 in Books > Medical Books > Psychology > Psychopharmacology #75 in Books > Health, Fitness & Dieting > Psychology & Counseling > Psychopharmacology

## **Customer Reviews**

I have postpartum bipolar/bipolar, peripartum onset and I take lithium; it has been a total lifesaver. I've always been curious about the doctor who discovered the use of lithium for bipolar disorder, so I was thrilled when I found out about this book. While I was disappointed with the high purchase price, I found it was a worthwhile investment to learn about Dr. John Cade and the salt that has

enabled me to have a full life again. The authors did an extremely thorough job of presenting Dr. Cade's life by researching & citing original source material, and interviewing his close living relatives. It's an excellent, high-quality book.Dyane Harwood, author, "Birth of a New Brain - Healing from Postpartum Bipolar Disorder"Member, International Society of Bipolar Disorders, Huffington Post Bloggerforeword by Dr. Carol Henshaw (co-author of "The Modern Management of Perinatal Psychiatry") Post Hill Press, October, 2017

[Download to continue reading...](#)

Finding Sanity: John Cade, lithium and the taming of bipolar disorder BIPOLAR DISORDER: Bipolar Disorder Survival Guide (SECOND EDITION) Electrolytes for Lithium and Lithium-Ion Batteries (Modern Aspects of Electrochemistry) Obsessive Compulsive Disorder: Obsessive Compulsive Disorder OCD Guide To Overcoming Obsessive Compulsive Disorder And Obsessive Compulsive Disorder OCD ... Guide To OCD Treatment And Recovery) Bipolar Happens! 35 Tips and Tricks to Manage Bipolar Disorder Anxiety Disorders: The REAL Truth, Causes and Cures. Panic Disorder, Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Post-Traumatic Stress Disorder (PTSD), Social Anxiety Break the Bipolar Cycle: A Day-by-Day Guide to Living with Bipolar Disorder Facing Bipolar: The Young Adult's Guide to Dealing with Bipolar Disorder Deep Thoughts of Inner Self: What Is Multiple Personality Disorder, How to Tell if You Have Multiple Personality Disorder or Dissociative Identity Disorder, Introverts and Extraverts Race Against Time [Cade Creek 11] (Siren Publishing The Stormy Glenn ManLove Collection) Disruptive Mood Dysregulation Disorder (DMDD), ADHD and the Bipolar Child Under DSM-5: A Concise Guide for Parents and Professionals Codex Alternus: A Research Collection Of Alternative and Complementary Treatments for Schizophrenia, Bipolar Disorder and Associated Drug-Induced Side Effects (Revised Edition) The Bipolar II Disorder Workbook: Managing Recurring Depression, Hypomania, and Anxiety The Dialectical Behavior Therapy Skills Workbook for Bipolar Disorder: Using DBT to Regain Control of Your Emotions and Your Life (New Harbinger Self-Help Workbook) The Bipolar Disorder Survival Guide, Second Edition: What You and Your Family Need to Know Loving Someone with Bipolar Disorder: Understanding and Helping Your Partner (The New Harbinger Loving Someone Series) The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder, Third Edition Bipolar Disorder: A Guide for Patients and Families (A Johns Hopkins Press Health Book) The Bipolar Disorder Survival Guide: What You and Your Family Need to Know The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder

[Dmca](#)